

Parent and Chaperone

Planning Guide for Science Camp

Dear Parents,

We are very excited about the opportunity to come alongside your child to teach them how to be dependent on Jesus Christ. Every component of Science Camp is designed to meet the holistic needs of your child. Our first priority is to demonstrate love for and obedience to Christ. All of our Science Camp staff are believers who have biblical convictions that are evident through their words and actions. We also care deeply about your children and want to help cultivate them to be a disciple of Christ who loves the Lord with all of their heart, soul, mind, and strength.

God's creation on Palomar Mountain is a beautiful setting to grow and to study his handiwork through outdoor classes. When students get to experience nature firsthand, and learning becomes fun and engaging, they become enthusiastic! We believe that this enthusiasm for learning is one of the best gifts a child can be given. As a result, we take many opportunities to observe and learn from our mountain ecosystem as scientists, while also examining nature through the lens of Scripture.

Each year we create a biblical theme to expose your child to the Gospel, to show them how to study God's Word on their own, and to challenge them to love and obey their Lord and Savior. At night, we teach God's word around a campfire to learn about what it means to have a relationship with God and a relationship with others in a way that pleases Him. In the morning, students study God's Word within their small group and talk about applying what they have studied with one of our instructors.

Science Camp also includes many opportunities to have fun and to bond as a school class. Our Team Building courses use fun, team challenges along with processing time to develop students in their communication, encouragement, and servant-mindedness. In addition to these elements, we want your students to have a high-energy experience! We provide field games, epic night games, a unique theme night to dress up and be themselves, and many free time activities such as our Zip Line and Horseback Riding. As your child is having fun, we notice that they become more open to developing stronger friendships and to hearing from the Word of God.

Our goal is to provide the most outstanding experience in all of Southern California for students and teachers alike. I look forward to seeing your young scientist here at Palomar Christian Conference Center soon!

Sincerely,

Francisco Villa
Outdoor Education Coordinator



Packet Outline

*Click on the items to jump down to the information

This packet is designed to prepare you and your child for a successful and life-defining experience. We have split this packet into two sections. The first section addresses parents so that you can equip your child for a great time at camp and can cultivate their growth that starts at Palomar but continues at home. The second section addresses the adults who are attending camp as chaperones. We want you to be prepared to serve our campers and to be personally blessed during your time with us as well.

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Parent Material

Parent Checklist

As soon as possible:

- Read this packet all the way through.
- Sign Code of Conduct along with your student and turn into the teacher ASAP.
- Fill out and sign the General Release Waiver, listing your school name as the "Conference Name." Turn this into the teacher ASAP.

Week before camp:

- Letters and packages sent to camp a week before they arrive. Please write your child's name and the initials of the school they attend at the top of the address label. Our address is PO Box 160 Palomar Mountain, California 92060.

Night before camp:

- Student packed with items from the To-Bring List.
- Medications ready to be given to the teacher in the original packaging with written instructions (correct times, dosage)

Our Mission

Our mission is to help cultivate your child to be dependent on Jesus Christ. Every component of Science Camp is designed to meet this goal and to provide for the holistic needs of your child.

Our Culture

We recognize that your child will be the most open to the Lord when they are having a fun time in a positive environment that is designed to cultivate their growth. Our program seeks to provide this atmosphere and to equip them to develop biblically positive habits and relationships with their friends and classmates.

Our Campus

We are completely surrounded by a forested ecosystem lush with vegetation and creatures of every kind. Your student will have the opportunity to see wildlife in its natural habitat on a regular basis.

Supervision

We place a high premium on excellent supervision as your child's safety is our top priority. Our facilities are centrally located, making it easy to supervise every student. Students are organized into one night time cabin group and one day time team. Adult chaperones will always be supervising these two groups. During our 1 ½ hours of free time, adults watch each area of camp while students are required to be with at least 3 people at an activity or in designated hang out area.

Interactive Classes

Every class enables students to learn about God's Creation in a fun, interactive experience. They are taught scientific and biblical principles accompanied by firsthand observation opportunities, experiments, and team challenges.

Fun!

Your child will have a blast! We organize numerous games, free time activities, epic night games, and campfire times. These high-energy experiences provide great memories and help put them at ease. Have your student prepared for a thrilling Theme Night by checking out the To-bring list below!

Food

Our chefs serve fantastic food and want your child to feel at home. If your child has any special dietary needs, please communicate this to your teacher so that we have time to accommodate these needs.

Health and Safety

Your child's health and safety are extremely important to us! As a result, all of our Outdoor Education staff are First Aid and CPR certified. We also have a quick first response for emergencies provided by Palomar Mountain Volunteer Fire Department located 4 miles from us.

Medications

By law, your child may not keep any medications with them or take them on their own. Please notify your teacher of your child's medications beforehand. On the day of departure, make sure you give your teacher the appropriate medications in their original packaging and with written instructions on the correct times and dosage. Asthma Inhalers will be given to your child's chaperone during hikes and other strenuous activities.

Parent Contact

In order to help avoid homesickness, students are not allowed to make or receive calls from their parents, family, or friends. If there is an emergency, please call our office at 1-800-833-1444 between 8:00am-4:30pm. After office hours, please contact your school. For mail, please write your child's name and the initials of the school they attend at the top of the address label. Our address is PO Box 160 Palomar Mountain, California 92060.

Weather/Clothing

Temperatures range from the 30's to the 90's. It is extremely important that your child have pants and warm layers no matter what time of the year they are attending camp.

Chaperones

Chaperones are parents or other adults who volunteer to come to Science Camp and supervise student teams in the day and dorms at night. Please see the chaperone section of this packet and notify your teacher if you're interested in coming to camp as a chaperone.

Camper Expectations

As we strive to develop your child to be dependent on God, our expectations for them are set at high standards.

We want to foster an environment where every student feels valued, encouraged, and challenged in their development. We do not tolerate student actions that include violence, verbal abuse, outright defiance, stealing, or any inappropriate behavior towards others. Our disciplinary procedures are intended to protect everyone at camp, ensure our camp atmosphere remains effective for student development, and to lovingly correct and mold the students into biblical leaders. There are definitely times when students can learn best by receiving grace accompanied with scriptural encouragement. This element is a major part of our disciplinary procedures.

However, we will not compromise on maintaining a safe and healthy environment.

We expect all students and adults to conduct themselves according to our Statement of Faith and to sound biblical principles. We require all camp attendees to sign our code of conduct and abide by its standards. This code of conduct is not all inclusive. We expect each person to use biblical discernment in their behavior to be above reproach in all that they say and do. We also have a set of rules that will be covered in our Student Orientation time; students will be expected to obey and honor these rules.

Code of Conduct

**After both student and adult have signed. turn into the teacher with waiver.*

1. I will come to learn, have fun, and help others in my group.
2. I will be a help and not a hindrance in all group activities.
3. I will have a great attitude.
4. I will follow all camp rules.
5. I will stay with my cabin group or team/day group at all times.
6. I will be aware of my surroundings and will not put myself or any of my fellow campers in danger.
7. I will show respect and listen while others are speaking.
8. I will not fight or argue with other campers, instructors or teachers.
9. I will be ON TIME, all the time.
10. I will take good care of equipment assigned to me and return it at the end of class.
11. I will bring the proper supplies and personal gear to all classes.
12. I will say positive things to others. I will encourage and not discourage others.
13. I will wear appropriate clothing that is modest.

Student Signature _____ Date _____

Parent's Signature _____ Date _____

Prepare Your Campers

What to Bring to Science Camp

- Bible and pen
- Backpack
- Water bottle
- Warm clothing
- Jacket/sweatshirt
- Pants and shorts
- Clothing you can get dirty
- Two pairs of shoes
- Sleeping bag and pillow
- Toiletries
- Towel
- Flashlight
- Chap stick
- Sunscreen
- Bug spray
- Money for Gift Shop and activities

2020 Theme Night



A Fair on the Field

Bring Theme Night Country Attire:

- Examples of country attire
 - Pearl snap or plaid shirts
 - Denim pants and cowboy boots
 - Cowboy hats
 - Bolo ties

What Not to Bring

- Any Electronic Equipment (ipods, phones, tablets, video games, etc.). These items will distract from the program and social growth of students and may be stolen or damaged. They will be confiscated, given to teachers, and returned by the time they are picked up at school.
- Weapons, alcohol or Illegal paraphernalia. These items will be confiscated and may not be returned.

When They Come Home

When your child comes home from camp, make sure you ask them about the experiences they had! Camp has been a huge part of the development of youth for a long time, but can only support the parents as they raise their children to be dependent on God. Hopefully these questions will help you connect with your child and continue to encourage their personal development. Here are some sample questions to ask them:

- What did you learn at camp?
- What did God teach you about yourself?
- What did God teach you about Him?
- What was your favorite activity/meal?
- What was your most memorable experience?
- Would you want to go to summer camp?

Chaperone Material

This section contains extra material pertinent to the parents/adults who attend Science Camp as chaperones. You have an amazing opportunity to be a part of the development of the students participating in camp. Your attitude, demeanor, and behavior will influence the students in either a positive or negative way. In taking on this valuable responsibility, we ask that you be invested in each student, respectful of teachers and Palomar staff, and to be a Christ-like example for everyone at camp.



Your Camp Experience

Thank you for partnering with us in ministry to the youth of this generation. While it is a great responsibility, it is also a great opportunity. Our Science Camp is designed to cultivate students to be dependent on Jesus Christ and to love the Him with all of their heart, soul, mind, and strength. Furthermore, during your time at Palomar, we want you to be encouraged in your own development as a Biblical role model. The opportunity comes not only in experiencing our program and being challenged in your own growth, but also in walking alongside these youth as they solidify their own beliefs and character.

As a chaperone at camp, we “promise” a great time and little sleep! It is a great experience to watch students grow before your eyes in only a matter of days, and to be an integral part of that process. You will also have the opportunity to spend time at a beautiful place, eat good food, have fun, and watch the Lord work. Please read the next sections carefully so that you can be equipped for an amazing week!

Chaperone Responsibilities

Adult chaperones should be able-bodied adults who can handle several small hikes every day and who are positive, Christian role models. Responsibilities include:

- You are responsible to be physically with and watch your team the entire time you are here. This includes all organized sessions and your cabin group at night. If there are multiple adults per group, you may rotate time off with them to keep fresh.
- You are responsible to uphold camp rules and the code of conduct, notifying the teacher or Palomar Staff when a conversation or discipline is needed with a student.
- You are responsible to make sure your team is on time to all organized events. They will need a full water bottle, student notebook, and writing utensil.
- You are responsible to make sure your team helps set up and clean up during their designated Opportunity to Serve.
- You are responsible to make sure your cabin group is resting during Flat on Bunk time.
- You will have the opportunity to participate in and/or help referee camp games.

Helpful Hints

- There is coffee available for you 24/7 in our meeting room!
- Remember to rotate time off with another chaperone.
- Participate in the free time activities! (while keeping an eye out for everyone)

Daytime Emergencies

- In case of an emergency, notify an Outdoor Education Instructor or Palomar Staff. All our staff are trained in First Aid/CPR/AED and have radios to contact the office in case a 911 call is necessary.
- If you hear a loud siren in the day or at night, take your students to the ball field and await instructions from Palomar Staff.
- The siren is used in case of fire danger, earthquakes, or any other emergency that requires all guests to be at the same location.
- The Palomar Staff leaders meet next to the office to discuss the game plan and will communicate with you quickly so that everyone is aware of the situation and what steps need to be taken.

Night Time Emergencies

- If there is an emergency after all staff have gone home, notify your lead teacher of the situation immediately.
- If necessary, use the pay phone next to the office porch by the American Flag pole to call 911.
- Then, use the radio in the gray box next to the gift shop on the south side porch to notify the Program Manager. The Executive Director and Maintenance Manager also keep their radios on all night in case of emergencies.

Chaperone Checklist

- General Release Waiver (1) Signed and (2) Handed into teacher ASAP
- Code of Conduct (1) Signed and (2) Handed into teacher ASAP
- Packed with items from the To-Bring List
- Ready to influence students for Christ

**Palomar Christian Conference Center
General Release and Waiver of Rights**

THIS FORM MUST BE COMPLETED FOR ALL CONFERENCE ATTENDEES



Conference Name: _____ Conference Dates: _____
Name of Conference Attendee: _____ Phone Number: _____
Email: _____
Address: _____ City: _____ State: _____ Zip: _____
Is Conference Attendee under 18? Yes: ___ No: ___ If yes, name of Parent/Authorized Guardian: _____

GENERAL RELEASE AND WAIVER

The undersigned has asked Palomar Christian Conference Center (hereinafter "PCCC") to allow the Conference Attendee named above, sometimes referred to herein as the "participant," to participate in the activities offered at PCCC. Activities may include, but are not limited to, Archery, Rifles/Shotguns/BB Guns, Paintball, Horseback Riding, Swimming, Zip Line, and Challenge Course. If the Conference Attendee named above is a minor, the undersigned hereby authorizes PCCC to allow said minor to participate in all activities offered by PCCC to attendees of the conference. The undersigned (a) acknowledges that the activity involves physical exertion and other risks; (b) is aware of the possibility of risk of injury to individuals participating in or observing the activities; (c) is aware that such risk of injury includes, but is not limited to, risk of permanent disability, blindness, loss of hearing, or death; (d) recognizes the need for each participant to follow all rules and directions given by any Staff Member, Wrangler, Range Master, Game Coordinator, or Referee; (e) understands that each participant shall be required to wear any safety gear deemed necessary by PCCC and that it is the responsibility of each participant to do so; (f) warrants that the physical and mental condition of the participant will enable him/her to participate safely in each of the activities listed above; (g) authorizes PCCC to furnish a firearm for the purpose of instructing the participant in the safe handling of firearms and safe shooting and/or allowing the participant to utilize said firearm at PCCC's rifle and skeet range; (h) understands and acknowledges that a horse, regardless of its training and usual past behavior and characteristics, may act or react unpredictably at times based upon instinct or fright, and that this is an inherent risk assumed by the participant; and (i) understands and acknowledges that other risks to which the participant may be exposed include, but are not limited to, snake bite, insect bites and stings, exposure to poisonous plants, as well as risks associated with traveling along mountain roads and inclement weather.

The undersigned, individually and on behalf of any minor Conference Attendee named above, hereby waives and releases PCCC and its officers, directors, employees, agents, and insurers, and each of them, from any and all claims, demands, actions, causes of action and rights, (contingent, accrued, inchoate, or otherwise), which may arise out of, or in connection with, the participant's attendance at the above-referenced conference and/or any activity engaged in by the participant while attending the conference, whether such claim is based upon PCCC's active or passive negligence or otherwise.

In addition, the undersigned agrees to defend and hold PCCC harmless from and against any and all claims, liabilities, expenses, damages, losses, causes of action, and suits (including, without limitation, attorneys' fees and costs) arising out of, or any way related to, the participant's attendance at the above-referenced conference and/or any activity engaged in by the participant while attending the conference, whether such claim is based upon PCCC's active or passive negligence or otherwise.

IMAGE RELEASE AND WAIVER

The undersigned hereby gives permission to PCCC to use any photographs, videos, and/or audio recordings of the participant for promotional materials, including the PCCC web site postings, without expectation of compensation, including, but not limited to, any royalties, proceeds, and/or other benefits derived from such photographs, videos, or audio recordings.

MEDICAL RELEASE AND WAIVER

The undersigned hereby acknowledges that PCCC does not have medical personnel at the conference center and agrees that the undersigned shall be responsible for (a) providing any emergency transportation required by the participant named above, and (b) paying any medical and hospitalization costs incurred while attending the conference.

REPRESENTATION AND WARRANTY OF AUTHORITY

By signing this General Release and Waiver of Rights, the undersigned represents and warrants to PCCC that he/she is of legal age and competence to give a valid release on his/her own behalf and, if signing on behalf of a minor Conference Attendee, is the parent or legal guardian of the minor Conference Attendee and has full authority to give a valid release on behalf of such minor. **ALSO, THE UNDERSIGNED HEREBY REPRESENTS AND WARRANTS TO PCCC THAT THE CONFERENCE ATTENDEE'S PARTICIPATION IN THIS PROGRAM IS ENTIRELY VOLUNTARY AND IS NOT REQUIRED BY THE SCHOOL OR FOR ANY CLASS OR COURSE IN WHICH THE ATTENDEE MAY BE INVOLVED, OR BY ANY OTHER GROUP SPONSORING THE CONFERENCE OR PROGRAM.**

Name (print): _____ Signature: _____ Date: _____

