



# Adventure Camp 2023

## What to Bring List

### What to Bring:

- Hiking shoes (see note below)
- Tennis shoes
- 2 long pants
- 3 shorts
- 8 socks
- 8-9 pairs of underwear (remember you're in the woods!)
- Pair of thick socks to sleep in
- 6 T-shirts
- 2-3 long sleeved
- Jacket/sweatshirt
- Towel
- Reusable water bottle
- Bug spray
- Sunscreen
- CHAPSTICK
- Flashlight/head lamp
- Bible, pen, journal
- Swim shorts (no speedos)
- Money for gift shop

### Optional:

- Foldable pocket knife (no fixed blades)
- Sunglasses
- Beanie or Shemagh to keep head warm and bugs away
- Trail mix, granola bars, jerky etc.
- Gloves for the nights
- Handwarmers
- Sleeping bag/ground pad, hiking backpack: these items are provided by PCCC, but it is recommended that campers bring their own if they have them.
- Hat

### What NOT to Bring:

- \*Electronics, cellphone, iPad, iPod etc.
- Inappropriate content on clothing
- Guns, fireworks, illegal substances
- Anything that might get you in trouble!

**Items Provided by PCCC:** Clean sleeping bag, insulated pad, tent, backpack, mess kit, stove, compass, whistle, disposable water bottles, and pocketknife.

**Please Note:** If you are purchasing new boots, plan on wearing them a couple weeks prior to camp to break them in to avoid blisters and sore feet. Expect clothing to become dirty and/or damaged. Hikes include deep mud and knee-high water. Please LABEL all articles brought to camp and avoid bringing expensive items that might become broken or damaged.

\*In our experience, we have found that electronics are a distraction at camp. If there is an issue where you need to get a hold of your camper, call our office. If there is an issue where your camper needs to get a hold of you, our camp leadership will oversee their conversation with our office phones. If you have any questions about this issue, please call our office 760-742-3400.