

## Adventure Camp 2022 What to Bring List

## What to Bring:

- Hiking shoes (see note below)
- Tennis shoes
- 2 long pants
- 3 shorts
- 8 socks
- 8-9 pairs of underwear (remember you're in the woods!)
- Pair of thick socks to sleep in
- 6 T-shirts
- 2-3 long sleeved
- Jacket/sweatshirt
- Towel
- Reusable water bottle
- Bug spray
- Sunscreen
- CHAPSTICK
- Flashlight/head lamp
- Bible, pen, journal
- Swim shorts (no speedos)
- Money for gift shop

## **Optional:**

- Foldable pocket knife (no fixed blades)
- Sunglasses
- Beanie or Shemagh to keep head warm and bugs away
- Trail mix, granola bars, jerky etc.
- Gloves for the nights
- Handwarmers
- Sleeping bag/ground pad, hiking backpack: these items are provided by PCCC, but due to COVID-19 it is recommended that campers bring their own if they have them.
- Hat

## **What NOT to Bring:**

- \*Electronics, cellphone, iPad, iPod etc.
- Inappropriate content on clothing
- Guns, fireworks, illegal substances
- Anything that might get you in trouble!

**Items Provided by PCCC:** Clean sleeping bag, insulated pad, backpack, mess kit, stove, compass, whistle, disposable water bottles, and pocketknife.

<u>Please Note:</u> If you are purchasing new boots, plan on wearing them a couple weeks prior to camp to break them in to avoid blisters and sore feet. Expect clothing to become dirty and/or damaged. Hikes include deep mud and knee-high water. Please LABEL all articles brought to camp and avoid bringing expensive items that might become broken or damaged.

\*In our experience, we have found that electronics are a distraction at camp. If there is an issue where you need to get a hold of your camper, call our office. If there is an issue where your camper needs to get a hold of you, our camp leadership will oversee their conversation with our office phones. Also, we will be taking pictures all week and will post them on our website. If you have any questions about this issue, please call our office 760-742-3400.